



Banff
National Park

Visitor Guide

2022 – 2023



Adaptive bikers enjoying the Bow Valley Parkway



**Public transit and
shuttle information:**
See page 4



Également offert en français

S. Martin



Parks
Canada

Parcs
Canada

Canada



Canada's First National Park

Banff National Park is an important place for people to connect with history and nature. Indigenous peoples have been using the lands and waters of Banff for millennia; for sustenance, ceremony, trade and travel. We thank them for their continuous stewardship and for sharing the land with us.

In 1885, a small area around the Cave and Basin Hot Springs was protected and became the core of the first national park in Canada. More than 130 years later, millions of people visit the park each year. They come to experience natural beauty, outdoor adventures, seven national historic sites and iconic wildlife - from grizzly bears to the Banff Springs Snail.

Go see for yourself! Banff National Park offers mountains of possibilities.

A UNESCO World Heritage Site

Four of the mountain national parks – Banff, Jasper, Yoho and Kootenay – are recognized by the United Nations Educational, Scientific and Cultural Organization (UNESCO) as part of the Canadian Rocky Mountain Parks World Heritage Site, for the benefit and enjoyment of all nations. Among the attributes that warranted this designation were vast wilderness, diversity of flora and fauna, outstanding natural beauty and features such as Lake Louise, Maligne Lake, the Columbia Icefield and the Burgess Shale fossils.



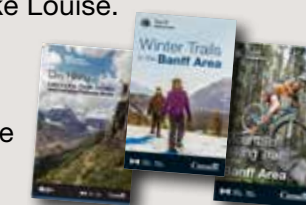
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- COVID-19:** pc.gc.ca/Banff-COVID-19
- Transit/shuttle info:** pc.gc.ca/banff-transit or explorethepark.ca
- Real-time park info:** pc.gc.ca/banffnow
- Maps:** Pages 7-12
- National park entry fee:** pc.gc.ca/banff-parkpass
- Weather:** weather.gc.ca / 403-762-2088
- Important bulletins:** pc.gc.ca/banff-bulletins
- Trail report:** pc.gc.ca/banfftrails
- Town of Banff parking:** banffparking.ca
- Road report:** 511.alberta.ca and drivebc.ca
- Banff & Lake Louise Tourism:** banfflakelouise.com

Guidebooks, topographic maps and bear spray are available at Parks Canada visitor centres and retail outlets in the town of Banff and the village of Lake Louise.



Brochures are available online at:

parksCanada.gc.ca/banff-brochures or at Parks Canada visitor centres.

Visit facebook.com/BanffNP
twitter.com/BanffNP
instagram.com/parks.canada

Banff

pc.gc.ca/banff

Banff Visitor Centre: 224 Banff Avenue
403-762-1550 | banffinfo@pc.gc.ca

Jan. 1 - May 14 | 9 a.m. - 5 p.m. | 7 days / week
 May 15 - Sep. 30 | 8 a.m. - 8 p.m. | 7 days / week
 Oct. 1 - Dec. 31 | 9 a.m. - 5 p.m. | 7 days / week
 Closed Dec. 25

Banff Train Station: 327 Railway Avenue

Jan. 1 - Dec. 31 | 9 a.m. - 5 p.m. | 7 days / week
 Closed Dec. 25

Lake Louise Visitor Centre:

201 Village Road, next to Samson Mall
403-522-3833 | ll.info@pc.gc.ca

Jan. 1 - June 8 | 9 a.m. - 5 p.m. | 7 days / week
 June 9 - Sep. 28 | 8:30 a.m. - 7 p.m. | 7 days / week
 Sep. 29 - Dec. 31 | 9 a.m. - 5 p.m. | 7 days / week
 Closed Dec. 25

Hours are subject to change.

Jasper

Jasper Information Centre: 780-852-6176
pc.gc.ca/jasper

Tourism Jasper: 780-852-6236, jasper.travel

Kootenay

Kootenay Visitor Centre: 250-347-9505 | pc.gc.ca/kootenay

Tourism Radium/Radium Chamber of Commerce:
 1-888-347-9331, radiumhotsprings.com

Yoho

Yoho Visitor Centre: 250-343-6783 | pc.gc.ca/yoho

Tourism Golden: 1-800-622-4653, tourismgolden.com, field.ca

Mount Revelstoke and Glacier

Rogers Pass Discovery Centre: 250-837-7500

pc.gc.ca/glacier | pc.gc.ca/revelstoke

Tourism Revelstoke: 1-800-487-1493, seerevelstoke.com

Waterton Lakes

Waterton Lakes Visitor Centre: 403-859-5133
pc.gc.ca/waterton

Waterton Chamber of Commerce, mywaterton.ca



* The most popular attractions in Banff National Park are extremely busy from mid-May until mid-October. You can expect congestion, traffic restrictions and parking lots that are full by sunrise.

Parks Canada shuttles and Roam Public Transit are the easiest way to see the park's top locations between Banff and Lake Louise.

Take a Parks Canada shuttle to Lake Louise and Moraine Lake

Reserve your shuttle tickets online and park your vehicle at the Lake Louise Park and Ride for the day. Your round trip to both iconic lakes begins and ends there!

- To plan your trip, visit pc.gc.ca/banff-transit for route information, fees and schedules.



To book your round-trip shuttle ticket, go to reservation.pc.gc.ca
Advance online reservations are required.

- All lake shuttles depart from the **Park and Ride, now located at the Lake Louise Ski Area** (see map on pages 14-15). You **MUST** check-in at the Park and Ride to get your shuttle pass. You cannot leave your vehicle at Lake Louise or Moraine Lake to board the shuttle.
- Staying at the Lake Louise Campground or at a hotel in the village of Lake Louise? Leave your vehicle behind and use the free Park and Ride Connector shuttle. See map on pages 14-15 for shuttle stop locations.

Paid parking at Lake Louise Lakeshore

Mandatory paid parking (\$12.25/day/vehicle) is in effect from mid-May to mid-October in the Lake Louise Lakeshore parking lot. Visit pc.gc.ca/banff-transit for more information.



Explore the park with Roam Public Transit

Take advantage of year-round bus service between the town of Banff and many top destinations in the park, including Lake Louise. Visit roamtransit.com for routes, schedules and fares.



Look for the numbers on the maps on pages 8 to 17 to find these sites and attractions. A valid national park entry pass is required when visiting the park.

1 Visit the Cave and Basin National Historic Site

 **Roam Route 4** (summer service)

Experience a 4-screen HD movie and see bubbling thermal waters that gave rise to the birthplace of Parks Canada administered places. Visit pc.gc.ca/cave for current trip planning, activities, and key date information.

2 Discover the Banff Park Museum National Historic Site

 **From downtown Banff: Roam Routes 1, 2** (year-round) **and 4** (summer service)

Take a wild trip back in time with vintage natural history specimens from bears to bees. Visit pc.gc.ca/banffparkmuseum for current trip planning and key date information.

3 Soak in the Banff Upper Hot Springs

 **Roam Route 1** (year-round)

Relax in Canada's highest elevation operational hot spring. Visit hot springs.ca for up-to-date hours, fees and visitor information. COVID-19 restrictions may be in place.


4 Meander along Vermilion Lakes

Bike or walk Vermilion Lakes Drive, relax on the docks and benches beside the lakes, learn about the area, snap a picture of Mount Rundle or go for a paddle.

5 Bike the Banff Legacy Trail




Cyclists, strollers and runners can enjoy mountain views, picnic areas and the Vermilion Lakes along this 29 km of paved paths and roadways from Canmore to the Bow Valley Parkway. This trail is not maintained in winter.

6 Explore the Lake Minnewanka Area

 **Roam Route 6** (summer service)

In the summer, ride the Lake Minnewanka bus to visit picturesque lakes including Johnson Lake and Two Jack Lake. Enjoy hiking, picnicking and being on or by the water. In the winter, it is a great destination for cross-country skiing, winter walking or snowshoeing.

7 Visit Lake Louise and Moraine Lake

 **Roam Route 8X** (year-round to Lake Louise only)
 **Roam Route 8S** (summer service to Lake Louise only)
 **Parks Canada shuttle** (summer service to both lakes)

Want to avoid full parking lots? Plan a car-free day on Roam Public Transit and Parks Canada shuttles for the best experience. See page 4 or visit parkscanada.gc.ca/banff-transit for more details.

8 Drive the Icefields Parkway

This incredible 230-km drive from Lake Louise to Jasper winds through glaciers, turquoise lakes and sweeping valleys. Be prepared for no cell service and challenging winter driving conditions – review driving safety on page 26.



9 Hike to Peyto Lake Viewpoint

Take a short 0.6 km stroll or snowshoe (in the winter) up to the new viewing platform to admire the lake from high up. A new barrier-free trail is available in the summer from the upper parking lot. For your safety and to help protect this special place, stay on the trail and platform.

Tip: Come early or late in the day – parking is limited.



Planning to camp in a national park?

Many campsites can be reserved and most fill up quickly. Book online or call ahead for information and reservations. *Camping is permitted in designated campgrounds only. A valid camping permit and national park entry pass are required.*

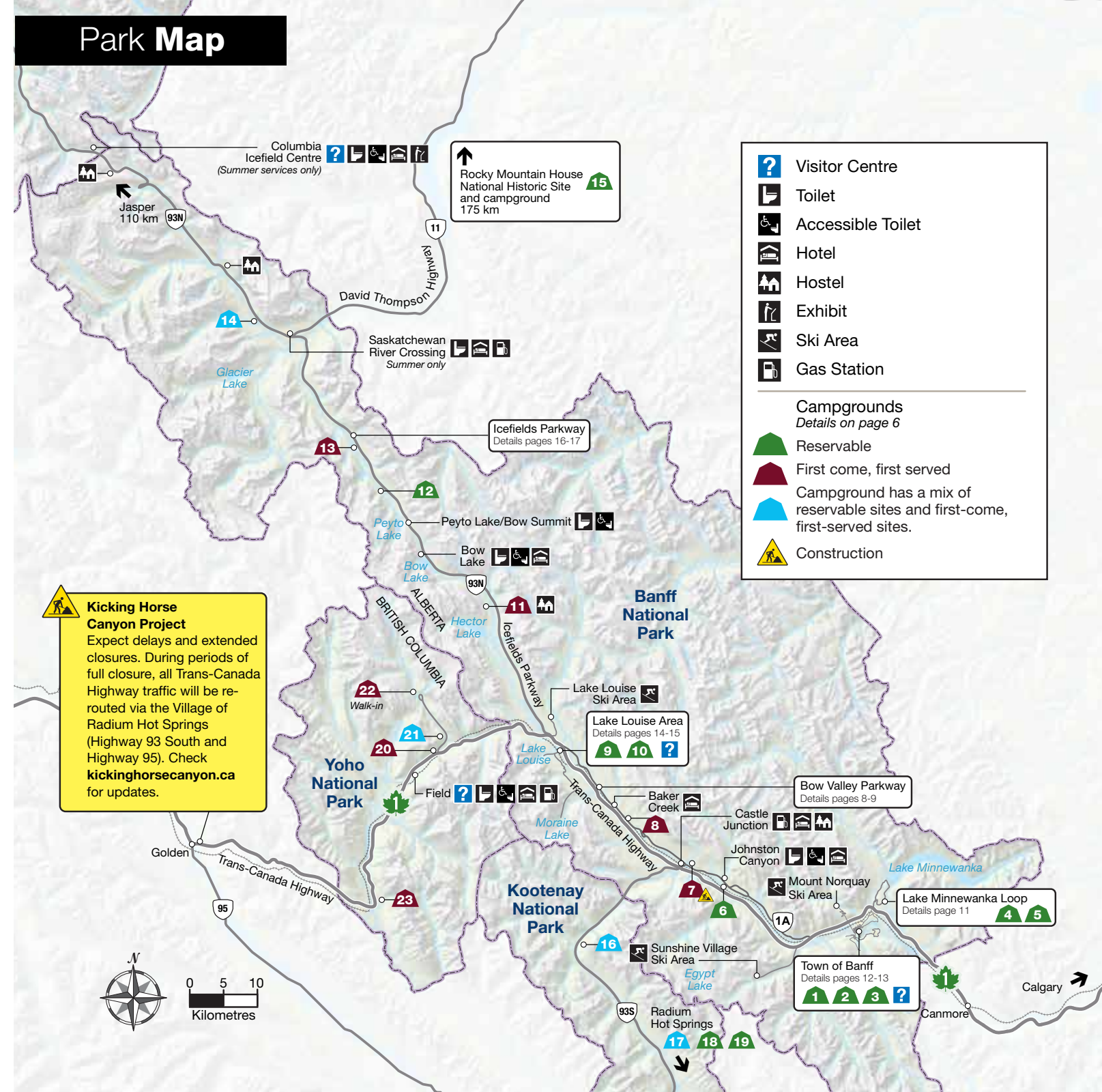
1-877-RESERVE (1-877-737-3783) or reservation.pc.gc.ca

	Campgrounds	Open Dates	Full Hook-up	Electrical	Sani Dump	Flush Toilets	Pit Toilets	Showers	Firepit	Cooking Shelter	Drinking Water	Accessible Facilities*	Interpretive Programs	oTENTik	Equipped Campsites	Tipis/Trapper Tents	Sites
Banff	1 Tunnel Mt. Village I	May 12 - Oct. 3			🚽	🚽		🚿	🔥	🏠	🚰	♿	📖				618
	2 Tunnel Mt. Village II	Open year-round oTENTiks May 12 - Oct. 11		⚡	🚽	🚽		🚿	🔥	🏠	🚰	♿	📖	🏠			209
	3 Tunnel Mt. Trailer Court	May 12 - Oct. 3	⚡	⚡	🚽	🚽		🚿			🚰	♿	📖				322
	4 Two Jack Main	June 23 - Sep. 6			🚽	🚽		🚿	🔥	🏠	🚰	♿	📖		🏠		380
	5 Two Jack Lakeside	May 12 - Oct. 3 oTENTiks May 12 - Oct. 3				🚽		🚿	🔥	🏠	🚰	♿	📖		🏠		74
	6 Johnston Canyon	May 26 - Sep. 26			🚽	🚽		🚿	🔥	🏠	🚰	♿	📖				132
	7 Castle Mountain	To be determined				🚽		🚿	🔥	🏠	🚰	♿	📖				43
	8 Protection Mountain	June 22 - Sep. 5				🚽		🚿	🔥	🏠	🚰	♿	📖				72
	9 Lake Louise Tent	May 30 - Sep. 27			🚽	🚽		🚿	🔥	🏠	🚰	♿	📖				206
	10 Lake Louise Trailer	Open year-round		⚡	🚽	🚽		🚿	🔥		🚰	♿	📖				189
	11 Mosquito Creek	June 9 - Oct. 10				🚽		🚿	🔥	🏠	🚰	♿	📖				32
	12 Silverhorn	June 2 - Oct. 2				🚽		🚿	🔥		🚰	♿	📖				45
	13 Waterfowl Lakes	June 23 - Sep. 11			🚽	🚽		🚿	🔥	🏠	🚰	♿	📖				116
	14 Rampart Creek	June 2 - Sep. 25				🚽		🚿	🔥	🏠	🚰	♿	📖				50
	15 Rocky Mountain House National Historic Site	May 13 - Sep. 30				🚽	🚽		🚿	🔥	🏠	♿	📖		🏠	🏠	45
Kootenay	16 Marble Canyon	June 23 - Sep. 5			🚽	🚽		🚿	🔥	🏠	♿	📖					61
	17 McLeod Meadows	June 10 - Sep. 12			🚽	🚽		🚿	🔥	🏠	♿	📖					80
	18 Redstreak	Apr. 29 - Oct. 10 oTENTiks May 19 - Sep. 19	⚡	⚡	🚽	🚽		🚿	🔥	🏠	♿	📖	🏠				242
	19 Crook's Meadow (Non-profit and school groups)	Apr. 29 - Oct. 10 Email kootenay.info@pc.gc.ca for reservation information.				🚽		🚿	🔥	🏠	♿	📖					1
Yoho	20 Monarch	May 5 - Sep. 19			🚽	🚽		🚿	🔥	🏠	♿	📖					44
	21 Kicking Horse	May 19 - Oct. 10			🚽	🚽		🚿	🔥	🏠	♿	📖					88
	22 Takakkaw Falls (walk-in)	June 16 - Oct. 10				🚽		🚿	🔥	🏠	♿	📖					35
	23 Hoodoo Creek	June 16 - Sep. 5				🚽		🚿	🔥	🏠	♿	📖					30

- 🟢 Reservation needed for all sites in the campground.
- 🟡 Campground has first-come, first-served sites only. Self-register at the campground. In summer months, arrive before mid-day for the best chance of getting a site.
- 🟠 Campground has a mix of reservable sites and first-come, first-served sites.
- 🚧 Campground closed for construction. Visit pc.gc.ca/banffcamping for the latest information and opening dates.

* ♿ Some facilities at this campground are accessible.

Park Map



Backcountry Camping

Banff's backcountry offers spectacular destinations for those new to backcountry camping and to experienced travellers. No matter your level of adventure, be prepared and plan ahead. Pick up your brochure at a Parks Canada visitor centre, and visit parkscanada.gc.ca/banff-backcountry for trip ideas, planning and permit information.



Z. Lynch

Bow Valley Parkway: Lake Louise to Banff Map

P Parking & RV Parking Parking lots fill quickly. Park only in designated lots, not along the road. Check pc.gc.ca/BanffNow for real-time parking status or transit and shuttle options.	Picnic Area	Exhibit	Trans-Canada Highway
Accessible Parking	Picnic Shelter	Hot Springs	Bow Valley Parkway
Roam Public Transit Schedules: roamtransit.com	Viewpoint	Snack Bar Summer only	Highway 93S
Parks Canada Shuttle pc.gc.ca/banff-transit	Ski Area	Gas Station	Icefields Parkway
Toilet	Chairlift	Campground Kiosk	Road
Accessible Toilet	Canoe Docks	Popular Activities Details page 5	Road closed in winter
Hotel	Boat Launch	Reservable Campground Details page 6	Travel restriction
	Boat Tours	First-come, first-served campground Details page 6	Easy trail
	Watercraft Inspection Station		Moderate trail
			Difficult trail

Lake Louise Lakeshore

Moraine Lake Day-use Area and Larch Valley

Johnston Canyon

Lake Minnewanka Day-use Area

Hiking Trails

1 Stewart Canyon	13 Sulphur Mountain	26 Boom Lake
2 Aylmer Pass/Lookout	14 Sulphur Mountain Westside	27 Vista Lake
3 Cascade Valley	15 Healy Creek	28 Arnica Lake/Twin Lakes
4 C-Level Cirque	16 Brewster Creek	29 Taylor Lake
5 Upper Stoney	17 Cory Pass	30 Consolation Lakes
6 Cascade Amphitheatre	18 Healy Pass	31 Moraine Lake Lakeshore
7 Spray River East Trail	19 Bourgeau Lake/Harvey Pass	32 Eiffel Lake
8 Spray River West Trail	20 Redearth Creek	33 Larch Valley
9 Goat Creek	21 Johnston Canyon	34 Paradise Valley
10 Marsh Loop	22 Ink Pots via Moose Meadows	35 Mount Fairview
11 Sundance Trail	23 Silverton Falls	36 Lake Louise Lakeshore
12 Sundance Canyon	24 Rockbound Lake	37 Plain of Six Glaciers
	25 Castle Lookout	38 Lake Agnes

Check parksCanada.gc.ca/banfftrails for restrictions, warnings and closures.

New Location
Park and Ride - Shuttle Loading Area

Check pc.gc.ca/BanffNow for real-time parking status or transit and shuttle options.

Find the Red Chairs
parksCanada.gc.ca/redbanff

Bow Valley Parkway
Private motor vehicle access may be restricted on portions of the Bow Valley Parkway to protect wildlife and offer visitors a cycling opportunity. Visit pc.gc.ca/banff-bow-valley-parkway for current information.

Moraine Lake Road
Closed to vehicles from early fall to late spring due to high avalanche risk.

Mandatory paid parking from mid-May to mid-October. See page 4.

Trail maps available at a Parks Canada visitor centre or at:
parksCanada.gc.ca/banff-brochures

During part of the year, cyclists can enjoy the eastern section of the scenic Bow Valley Parkway with minimal vehicle traffic. Visit parksCanada.gc.ca/Banff-cycling-BVP for more information.

Bike in Banff National Park

Leave your car behind and enjoy the park on a bike.

Looking for paved options?

The Bow Valley Parkway and the Banff Legacy Trail are the two most popular areas for cycling. The Bow Valley Parkway is a scenic road between Banff and Lake Louise. During part of the year, cyclists can ride the eastern section of the parkway with minimal vehicle traffic. The Banff Legacy Trail is a multi-use paved trail with exceptional mountain views, and connects the Bow Valley Parkway to Banff and Canmore.

Enjoy e-biking?

While e-bikes are not allowed on most trails, pedal assisted e-bikes can be used along the Bow Valley Parkway and Banff Legacy Trail, as well as some designated trails in Banff.

While riding in the park, do it with care

- Stay on designated trails only.
- Obey all traffic rules when riding on roads including speed limits.
- Bike trails are multi-use so be courteous to other users and yield appropriately.

Visit parkscanada.gc.ca/banff-biking for trails and safety information.



S. Martin

Interpretive Programs and Activities



Parks Canada

Explore. Learn. Connect.

Park interpreters can't wait to share fun and inspiring experiences with you. Join us for an outdoor activity or program!

Look for interpreters at campgrounds and popular day-use areas throughout the summer and at national historic sites during various times of the year.



Check parkscanada.gc.ca/banff-interpretation or visit a Parks Canada visitor centre to find out about current programs.



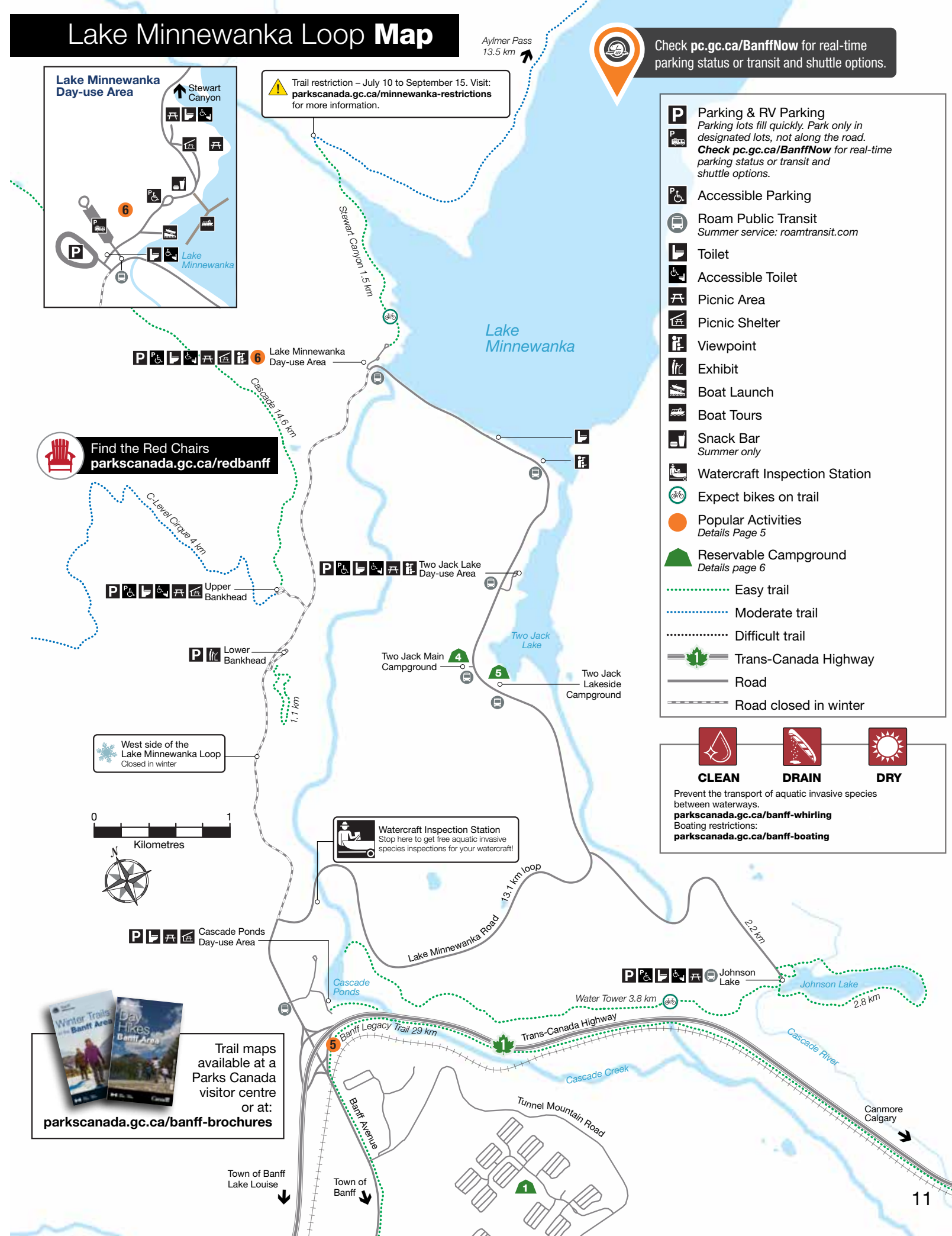
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Hike with a guide

Go on a Parks Canada guided conservation hike and learn how species at risk and their habitats are connected. Get an insider's look at Parks Canada's ecological restoration projects and find out how you can help.

Visit parkscanada.gc.ca/yoho-conservation-hikes for more information and reservations.

Lake Minnewanka Loop Map



Check pc.gc.ca/BanffNow for real-time parking status or transit and shuttle options.

Trail restriction – July 10 to September 15. Visit: parkscanada.gc.ca/minnewanka-restrictions for more information.

Find the Red Chairs parkscanada.gc.ca/redbanff

Trail maps available at a Parks Canada visitor centre or at: parkscanada.gc.ca/banff-brochures

- P** Parking & RV Parking
Parking lots fill quickly. Park only in designated lots, not along the road. Check pc.gc.ca/BanffNow for real-time parking status or transit and shuttle options.
- P** Accessible Parking
- R** Roam Public Transit
Summer service: roamtransit.com
- T** Toilet
- A** Accessible Toilet
- P** Picnic Area
- S** Picnic Shelter
- V** Viewpoint
- E** Exhibit
- B** Boat Launch
- T** Boat Tours
- S** Snack Bar
Summer only
- W** Watercraft Inspection Station
- B** Expect bikes on trail
- O** Popular Activities
Details Page 5
- C** Reservable Campground
Details page 6
- Easy trail
- Moderate trail
- Difficult trail
- H** Trans-Canada Highway
- Road
- Road closed in winter

CLEAN DRAIN DRY
Prevent the transport of aquatic invasive species between waterways.
parkscanada.gc.ca/banff-whirling
Boating restrictions:
parkscanada.gc.ca/banff-boating

Town of Banff Map

Check pc.gc.ca/BanffNow for real-time parking status or transit and shuttle options.

Find the Red Chairs parksCanada.gc.ca/redbanff

Bow Valley Parkway
Details pages 8-9
Lake Louise
Details pages 14-15

Mount Norquay Ski Area

Mount Norquay Road (5.4 km)

Vermilion Lakes Drive (4.3 km)

Second Vermillion Lake

First Vermillion Lake

Fenland Day-use Area

Fenland Trail

2.1 km

Trans-Canada Highway

Forty Mile Creek

Compound Road

Banff Avenue (4.5 km)

Banff Avenue Trail 3.3 km

The Spine

Tunnel Campground Loop 6.4 km

Tunnel Mountain Campgrounds

Summer only

Summer only

Surprise Corner to Hoodoos 4.8 km

Hoodoo Viewpoint and Day-use Area

Don's Bypass

Teddy Bear's Picnic

Hoodoo

Wolf Seat Alley

Surprise Corner

Bow Falls

Golf Course Road

Mountain Avenue (3.3 km)

ROAD NOT TO SCALE

Sansou Peak 2 256 m 7402'

Sansou Peak Boardwalk 0.5 km

Sulphur Mountain

5.5 km

Spray River West 5.6 km

Spray River East 5.7 km

Banff Upper Hot Springs

Banff Gondola

3

1

2

4

5

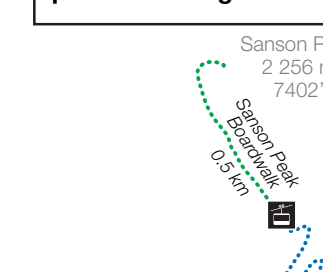
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Canmore Calgary

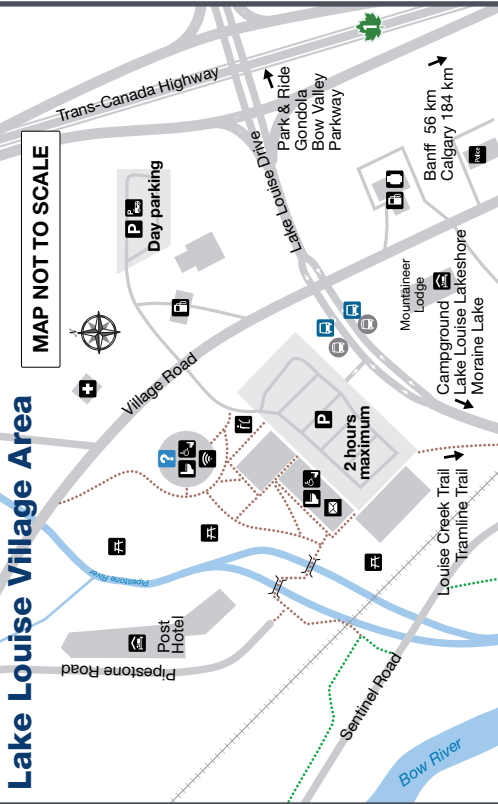
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Trail maps available at a Parks Canada visitor centre or at: parksCanada.gc.ca/banff-brochures



- | | | | | | | | |
|--|--|--|----------------|--|--------------------------------------|--|---|
| | Visitor Centre | | Train Station | | Canoe Docks | | Reservable Campground
Details page 6 |
| | Parking | | Gas Station | | Skating | | Construction |
| | Accessible Parking | | Police | | Skatepark | | Trans-Canada Highway |
| | Roam Public Transit
Schedules: roamtransit.com | | Hospital | | Golf Course | | Road |
| | RV Parking | | Viewpoint | | Off-leash Dog Park | | Road closed in winter |
| | Toilet | | Interpretation | | Horseback Riding | | Easy trail |
| | Accessible Toilet | | Ski Area | | Playground | | Moderate trail |
| | Hostel | | Gondola | | Sani Dump | | Difficult trail |
| | Picnic Area | | Chairlift | | Expect bikes on trail | | Other trail |
| | Picnic Shelter | | Hot Springs | | Popular Activities
Details page 5 | | |



Visitor Centre	Post Office
Wi-Fi	Gas Station
Toilet	Propane
Accessible Toilet	Police
Picnic Area	Medical Clinic
Playground	Watercraft Inspection Station
Roam Public Transit	Popular Activities <i>Details page 5</i>
Schedules: roamtransit.com	Community Pathway
Parks Canada Shuttle	Electric Fence
parkscanada.gc.ca/banff-transit	Railway
Parking & RV Parking	Trans-Canada Highway
Parking lots fill quickly. Park only in designated lots, not along the road.	Road
Check pc.gc.ca/banffnow for real-time parking status or transit and shuttle options.	Road closed in winter
Bus Parking	

West
 Yoho National Park 11 km
 Field 27 km
 Takakkaw Falls 38 km
 Emerald Lake 39 km
 Golden 85 km
 Vancouver 794 km

North
 Icefields Parkway gate 80 km
 Next gas station (summer only) 80 km
 Columbia Icefield 127 km
 Jasper 230 km

Hiking and Biking Trails

1	Bow River Loop		
2	Tramline		
3	Louise Creek		
4	Great Divide*		
5	Pipestone		
6	Moraine Lake Highline		
7	Moraine Lake Lakeshore		
8	Rock Pile		
9	Consolation Lakes		
10	Larch Valley		
11	Lake Louise Lakeshore		
12	Fairview Lookout		

Easy
 Moderate
 Difficult

Bikes allowed
 Pedal assist
 e-bikes allowed

*The Great Divide Parking Lot will be closed throughout the summer.

New location: Park and Ride Shuttle Loading Area

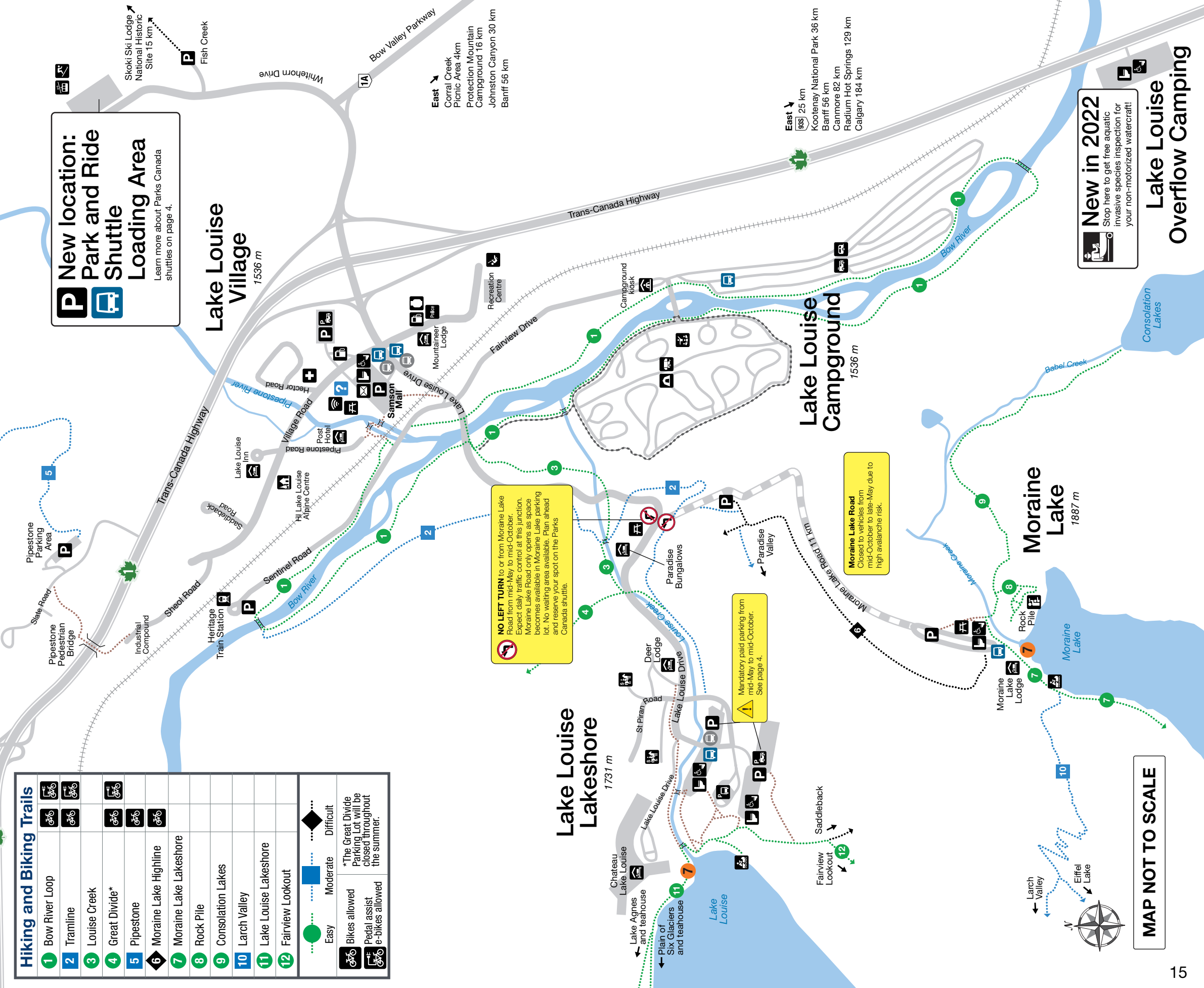
Learn more about Parks Canada shuttles on page 4.

Parking at Lake Louise and Moraine Lake is limited, fills quickly and often stays full throughout the day. Visit pc.gc.ca/banff-transit to know what to expect.

Check pc.gc.ca/BanffNow for real-time parking status and transit or shuttle options.

Visit roamtransit.com for Roam routes, schedules and fares

Visit reservation.pc.gc.ca to book your spot on a Parks Canada shuttle



NO LEFT TURN to or from Moraine Lake Road from mid-May to mid-October. Expect daily traffic control at this junction. Moraine Lake Road only opens as space becomes available in Moraine Lake parking lot. No waiting area available. Plan ahead and reserve your spot on the Parks Canada shuttle.

Mandatory paid parking from mid-May to mid-October. See page 4.

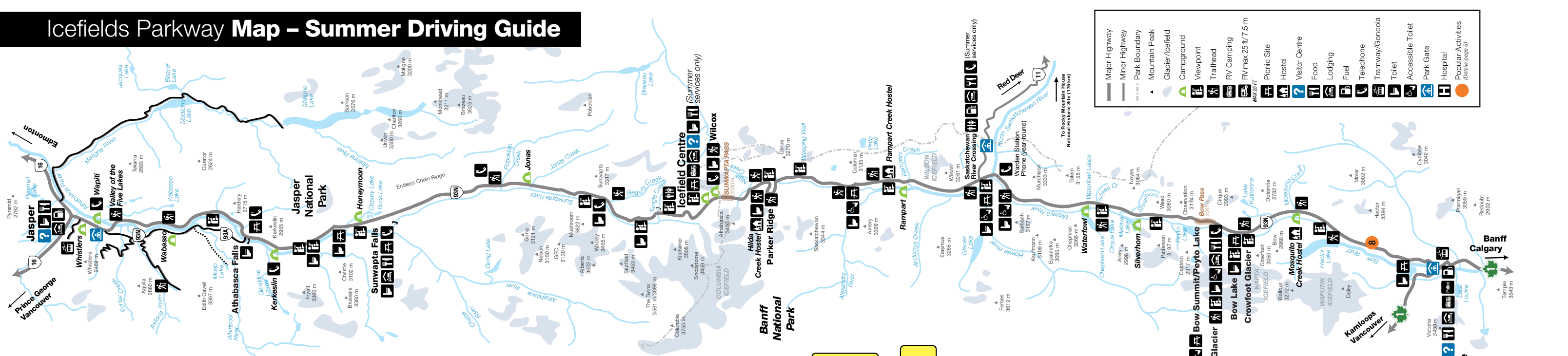
Moraine Lake Road
 Closed to vehicles from mid-October to late-May due to high avalanche risk.

New in 2022
 Stop here to get free aquatic invasive species inspection for your non-motorized watercraft!

MAP NOT TO SCALE

Lake Louise
 Overflow Camping

Icefields Parkway Map – Summer Driving Guide



	Major Highway
	Minor Highway
	Park Boundary
	Mountain Peak
	Glacier/Icefield
	Campground
	Viewpoint
	Trailhead
	RV Camping
	RV max 25 ft 7.5 m
	Picnic Site
	Hostel
	Visitor Centre
	Food
	Lodging
	Fuel
	Telephone
	Tramway/Gondola
	Toilet
	Accessible Toilet
	Park Gate
	Hospital
	Popular Activities (Detail page 5)

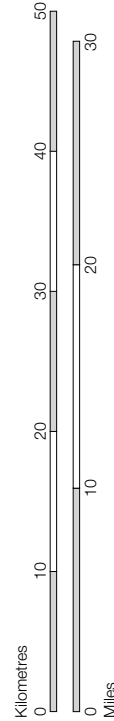


KM FROM JASPER	KM FROM LAKE LOUISE	Location / Landmark	Services / Amenities
0	233	Jasper Townsite	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
2	231	Whistlers	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
4	229	Wapiti	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
6	227	Junction with Highway 93A	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
9	224	Valley of the Five Lakes	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
14	219	Wabasso Lake	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
25	208	Athabasca Pass	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
30	203	Athabasca Falls	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
32	201	Athabasca Falls Hostel	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
34	199	Kerkeslin	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
37	196	Goats and Glaciers	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
41	192	Mount Christie	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
50	183	Honeymoon Lake	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
54	179	Sunwapta Falls	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
72	161	Poboktan Creek	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
77	156	Jonas	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
84	149	Mushroom and Diadem Peaks	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
85	148	Beauty Creek	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
87	146	Beauty Creek	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
94	139	Stutfield Glacier	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
96	137	Tangle Falls	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
103	130	Icefield Centre	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
104	129	Icefield RV	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
106	127	Wilcox	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
108	125	SUNWAPTA PASS	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
111	122	Hilda Creek	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
112	121	Parker Ridge	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
116	117	Nigel Pass	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
117	120	Bridal Veil Falls	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
124	109	Weeping Wall	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
131	102	Coleman Creek	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
137	96	Sunset Pass and Sunset Lookout	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
142	91	Rampart Creek	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
152	81	Glacier Lake	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
153	80	Saskatchewan River Crossing	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
154	79	Howse Pass	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
159	74	Mistaya Canyon	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
173	60	Waterfowl Lakes	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
177	56	Silverhorn Creek	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
190	43	Bow Summit / Peyto Lake	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
193	40	Bow Glacier	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
196	37	Bow Lake	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
197	36	Crowfoot Glacier	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
206	27	Helen Lake	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
212	21	Mosquito Creek	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
214	19	Hector Lake	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
227	6	Herbert Lake	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
230	3	Junction: Trans-Canada Highway and Icefields Parkway	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities
233	0	Lake Louise	Viewpoint, Picnic Site, Campground, RV Camping, RV max 25 ft 7.5 m, Picnic Site, Hostel, Visitor Centre, Food, Lodging, Fuel, Telephone, Tramway/Gondola, Toilet, Accessible Toilet, Park Gate, Hospital, Popular Activities

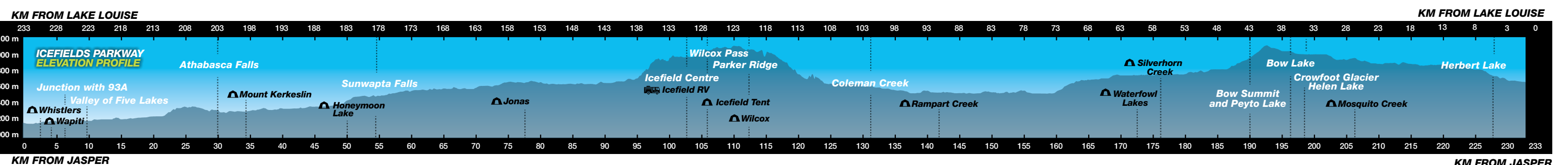
Driving the Icefields Parkway?
You must have a valid national park entry pass, even if you do not intend to stop along the way. Purchase your pass at any park gates - look for this symbol on the map.

Driving in the winter?
Services and attractions are limited in the winter. Winter tires (M+S) or chains are required by law between Nov 1 and Mar 31. Visit pc.gc.ca/icefieldsparkway for a winter map and more information.

There is no cell coverage along the Icefields Parkway



KM FROM JASPER	KM FROM LAKE LOUISE
0	233
2	231
4	229
6	227
9	224
14	219
25	208
30	203
32	201
34	199
37	196
41	192
50	183
54	179
72	161
77	156
84	149
85	148
87	146
94	139
96	137
103	130
104	129
106	127
108	125
111	122
112	121
116	117
117	120
124	109
131	102
137	96
142	91
152	81
153	80
154	79
159	74
173	60
177	56
190	43
193	40
196	37
197	36
206	27
212	21
214	19
227	6
230	3
233	0

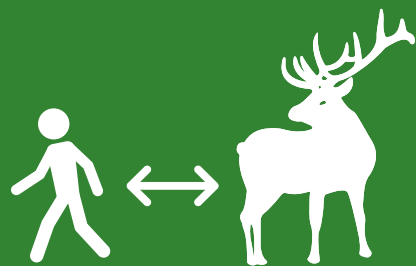




Your actions matter! When you leave Banff National Park...leave it wild.

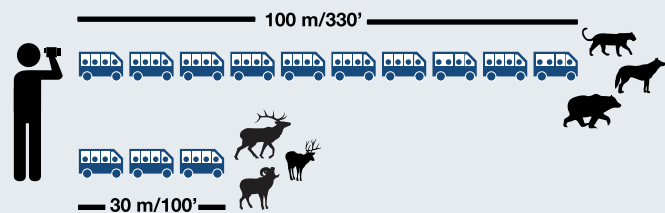
The chance to view wildlife in their natural environment is one of the most exciting things about visiting the mountain national parks. Help protect this special place by learning the #WildlifeRules.

Safely view wildlife



GIVE WILDLIFE SPACE.
If you make them move,
you are too close.

Whether you are exploring by foot, bike or vehicle, when you see wildlife, give them space:



Maintain a minimum distance of:

- 3 bus lengths (30 metres) - deer, elk, sheep and moose.
- 10 bus lengths (100 metres) - bears, wolves, cougars and coyotes.
- Remember small animals like rodents and birds need space too!

Please report bear, cougar, wolf and coyotes to Banff Dispatch: 403-762-1470.

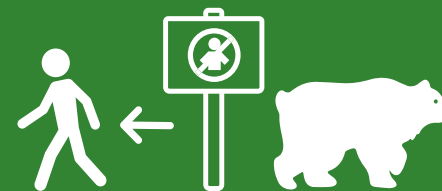
Obeys speed limits



If you see wildlife while driving,
STAY IN YOUR VEHICLE.

- Slow down.
- Use your hazard lights to alert others.
- Only pull over where it is safe to do so.
- Observe, take photographs, and move on.
- If a traffic jam develops, move on. It is unsafe for people and wildlife.

Respect area closures



If you come upon a closure,
change your plans.

Together, we can make space for wildlife when they need it most.

Obeys area closures and restrictions is the law. Area closures and restrictions in Banff National Park protect ecologically sensitive areas, important habitat for sensitive species or species at risk, and are at locations where the potential for conflict between humans and wildlife is high.

Visit pc.gc.ca/banff-bulletins for a list of closures, warnings and restrictions.



Characteristics

Brown body, darker neck and large tan rump patch. Backwards slanting antlers.

Habitat

Valley bottoms and open areas. Commonly seen around townsites.

Elk

115 cm



Characteristics

Long legs, shoulder hump. Built like a horse with a large head. Shovel-like antlers.

Habitat

Wet and marshy areas.

Moose

15 cm



Characteristics

Built like a large dog, with longer legs. Colour can vary from white to black.

Habitat

Mainly valley bottoms.

Wolf

12 cm



Characteristics

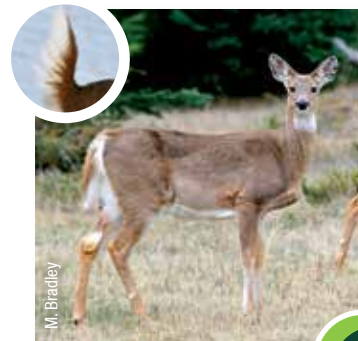
Similar to a medium-sized dog. Thick, bushy tail. Greyish-brown in colour.

Habitat

Valley bottoms.

Coyote

7 cm



Characteristics

Tan colour, tail has white underside and is held upright like a flag when alarmed.

Habitat

Mostly valley bottoms.

White-tailed Deer

7 cm



Characteristics

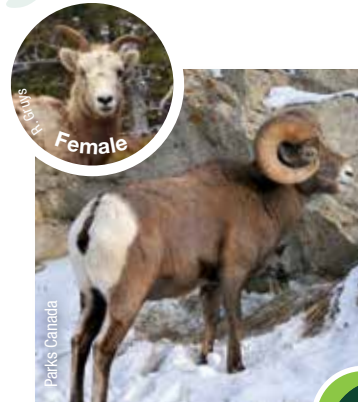
Black tip on tail, large ears, white rump, grey colour. Antlers that fork in Y's.

Habitat

Mostly valley bottoms.

Mule Deer

7 cm



Characteristics

White rump and light brown fur. Males: thick curved horns. Females: short narrow horns.

Habitat

Near steep rocky terrain.

Bighorn Sheep

8 cm



Characteristics

Narrow black horns, beard, long white hair.

Habitat

Near steep rocky terrain.

Mountain Goat

8 cm

Never feed wildlife



Wildlife can quickly find any food, scented items, or garbage that is left unattended. When they eat these unnatural foods, wildlife learn to approach people for an easy meal. This can result in aggressive behaviour that puts both people and wildlife at risk of being hurt or killed.

Never leave these items unattended for any amount of time.

They **MUST** be stored away in a vehicle, a hard-sided trailer or RV, or in a food locker.



Parks Canada staff are checking for unattended wildlife attractants. Attractants found in plain view will be removed and safely secured to reduce the risks to you and to wildlife.



Red Squirrel

Characteristics

Red body, white underside and very large, bushy tail.

Habitat

Coniferous forests, scampering up trees.



Pika

Characteristics

The smallest member of the rabbit family. Has a piercing call that sounds like a high-pitched "eep."

Habitat

Rock slides and talus slopes.



Columbian Ground Squirrel

Characteristics

Tan-coloured. Longer body. Has a high-pitched "squeak."

Habitat

Meadows, roadsides and townsites in underground colonies.



Hoary Marmot

Characteristics

A larger member of the rodent family. Silver-brown in colour with longer hair. Has a high-pitched call that sounds like a whistle.

Habitat

Alpine and subalpine meadows, rock piles and scree slopes.

Dispose of all garbage



Ensure all garbage, recycling, and food waste (even organic waste, like banana peels and apple cores) are disposed of in a wildlife-proof garbage bin, never on the ground, in a fire pit or in the bed of your truck.

If you see garbage left outside in the town of Banff, call 403-762-1218 (8 a.m. to 6 p.m. seven days a week). For garbage left outside at other locations in Banff National Park, call Banff Dispatch at 403-762-1470.

Keep dogs on leash



Dogs cause stress for wildlife as they may be seen as a threat. Off-leash dogs can trigger aggressive behaviour from wildlife such as grizzly bears and elk. Be a responsible dog owner. In Banff National Park, it is your responsibility to:

- Ensure your dog is on a leash and under physical control at all times. It is the law.
- Pick up and dispose of your pet's waste in a wildlife-proof garbage bin.
- Dogs are not allowed on some trails: parks.canada.gc.ca/banfftrails
- Consider leaving your dog at home if you plan to camp, hike or go into the backcountry.

It is illegal to feed, entice or disturb any wildlife in a national park. Violators will be charged, be required to appear in court, and could pay fines up to \$25 000.

Grizzly or Black Bear?

Black Bear



Grizzly Bear



You are in bear country!

- Be aware, bears can be anywhere at any time. Watch for fresh scat, tracks or large diggings.
- Make noise! Sing, yell, talk loudly and travel in groups of 4 or more when possible.
- Dogs must be on a leash and under physical control at all times—it is the law.
- Always keep children nearby and in sight.
- Never approach or feed a bear. Stay 10 bus lengths or 100 metres away.
- Always carry bear spray, ensure it is accessible and know how to use it. Visit: parks.canada.gc.ca/bears-and-people



Size Chart

Bison Bear Moose Elk Deer Sheep Goat Wolf Coyote Squirrel

Protecting Park Waters

Aquatic invasive species (AIS) are non-native plants, animals and diseases. AIS are harmful to healthy fresh water, threaten native fish species, and can affect tourism and water recreation. Once established, many AIS never go away. You can stop the spread of AIS. CLEAN, DRAIN and DRY your boat and water-related gear:



CLEAN – Clean all mud, sand, plant or animal parts from all items before leaving the shore.



DRAIN – Drain onto land, all items that can hold water. Invert or tilt items. Open all compartments. Pull the drain plug if applicable.



DRY – Dry all items completely before entering any river, pond, lake or stream.

Regulations apply for all watercraft launching in Banff National Park including fishing equipment, motorboats, canoes, kayaks, paddleboards and inflatables.

- All motorized watercraft launching in Lake Minnewanka require Parks Canada proof of inspection prior to launching. The mandatory motorized watercraft inspection station is located along the Lake Minnewanka Loop Road, 6 km from the town of Banff.
- All non-motorized watercraft launching in Banff National Park are required to complete a clean, drain, dry self-certification permit prior to launching in a new waterbody.

TIP! Visit the voluntary non-motorized watercraft inspection station at the Lake Louise Overflow lot (6 km east of Lake Louise on Hwy 1), or the Banff inspection station along the Lake Minnewanka Loop Road (6 km east from the Town of Banff) to receive a free inspection.

Visit parksCanada.gc.ca/banff-boating for more information.



Volunteering in Banff National Park



Are you looking for a unique experience during your trip to Banff National Park? Volunteers play an important part in keeping the park healthy and safe for people and wildlife.

Anyone can volunteer—learn more and sign up:

parksCanada.gc.ca/banff-volunteer



Conservation Stories



Creating a refuge for wild trout

Parks Canada began the *Saving Threatened Trout Project* in 2018 to conserve and restore westslope cutthroat trout and their habitat. The goal of this project is to remove non-native trout and to reintroduce westslope cutthroat trout to streams and lakes where they were historically found in Banff National Park.

In 2021, Parks Canada successfully reintroduced westslope cutthroat trout to Hidden Creek. This involved collecting eggs from wild donor populations and growing the fertilized eggs to the 'eyed stage'. At that stage, we introduced the eggs to the stream to complete their development in remote streamside incubators. At the same time, non-native fish were removed from Helen and Katherine lakes.

Parks Canada will continue the *Saving Threatened Trout Project* and bring more westslope cutthroat trout back to their historic range in the coming years.

Protecting nesting sites

Black swift populations have declined by over 50 per cent in the last 40 years and are listed as an endangered species in Canada. The cause is not fully understood, however it may be related to a decline in their main food supply: flying insects.

Johnston Canyon provides critical nesting habitat for black swifts and is one of only two known nesting sites in Banff National Park. Typically, they return to the same nesting locations year after year, although nesting activity in the canyon began declining in the 1980s.

Visitors are required to stay on the official trails to reduce disturbances at the nesting sites. There were two confirmed active nests in Johnston Canyon in 2019, three in 2020 and five were recorded in 2021.



Collaborating with Indigenous Peoples at Rocky Mountain House National Historic Site

During the consultation phase of Rocky Mountain House National Historic Site's 2020 Management Plan, Indigenous peoples and organizations expressed their interest in the historic site's pre and post-contact archeological resources.

In 2022, Parks Canada and Indigenous communities will continue to come together through site visits, workshops and sharing opportunities to exchange knowledge, and engage in meaningful conversations. This will shape the future direction of relations and conservation projects at the historic site. This networking of information at Rocky Mountain House will help conserve the archeological resources and its history.





National Park Regulations

Stay safe and enjoy

You are required by law to follow national park regulations. Thank you for helping protect people, landscapes and wildlife.



All visitors to Banff National Park must purchase a national park entry pass. Passes are available for purchase at park gates, visitor centres, campgrounds and at partner locations. National park entry fees help support visitor services and facilities within Banff National Park. Provincial passes are not valid in national parks.



Camping is permitted in designated campgrounds only. A valid camping permit and national park entry pass are required. Do not sleep in your vehicle or RV roadside, at pull-outs, or pitch a tent in an area that is not a campground.



In campgrounds, alcohol and cannabis cannot be consumed beyond your registered campsite. There is a daily ban on alcohol and cannabis consumption during quiet hours, between 11 p.m. and 7 a.m. During summer long weekends (May – September), the possession and consumption of alcohol and cannabis are not permitted in any campground.



The recreational use of Unmanned Aerial Vehicles (UAVs), also known as drones, is prohibited in all national parks.



Pets must be on a leash and under physical control at all times. Collect and discard their waste in wildlife-proof garbage bins.



Do not feed any wildlife. It is illegal to feed wildlife—this includes littering and leaving food or scented items unattended.



Do not litter. Dispose of garbage or recycling only in wildlife-proof bins or pack out any unwanted items.



Take only photographs. It is illegal to pick flowers, mushrooms, cut down trees, branches, remove rocks, cultural artifacts or otherwise cause damage to natural objects or living things.



Stay out of closed areas. Area closures or activity restrictions are implemented when visitors are at risk or when wildlife require additional protection. Signs indicate the areas impacted.



Be careful with fire. Fires are permitted only where designated metal fire rings and cook stoves are provided by Parks Canada. Rock rings are prohibited. Never leave fires unattended, and extinguish them completely using the soak, stir, soak method. Do not use deadwood, bark or branches for fuel. Never burn food or garbage. Visit pc.gc.ca/banff-fire for wildfire and fire ban information.



Buy fishing permits. Anglers require a national park fishing permit, available at Parks Canada visitor centres. **Provincial licenses are not valid in national parks.** National Park Fishing Regulations prohibit lead tackle under 50g and all bait, natural or chemical. Fishing is catch and release only in Banff, except for lake trout in Lake Minnewanka reservoir. For more information, see the *Fishing Regulations Summary* brochure, available at Parks Canada visitor centres.



Going boating? Motors of all kinds are prohibited on all water bodies except Lake Minnewanka reservoir. Regulations apply for all watercraft launching in Banff National Park including motorboats, canoes, kayaks, paddleboards and inflatables: parksCanada.gc.ca/banff-boating



Motorized off-road travel is not permitted.



Firearms are prohibited in national parks. Firearms include pellet guns, bear bangers, bows, slingshots and similar items.



E-bikes (pedal-electric power-assisted bicycles) are only permitted on roads and select trails in Banff National Park. Visit parksCanada.gc.ca/banff-e-bike for more information.

The Canada National Parks Act

Park Wardens are responsible for enforcing park regulations as required by the *Canada National Parks Act* (parksCanada.gc.ca/banffregulations). To report park violations 24 hours, 7 days per week, call:
1-888-927-3367 Banff, Yoho, Kootenay and Waterton Lakes
1-877-852-3100 Jasper, Mount Revelstoke and Glacier

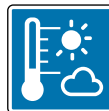
Violators will be charged, be required to appear in court, and could pay fines of up to \$25 000.



Mountain Safety

These simple tips will help ensure a safe and enjoyable visit.

Before getting on the road



Check the weather forecast: weather.gc.ca

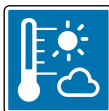


Check road conditions at 511.alberta.ca, call 511 in Alberta, or 1-855-391-9743. For B.C. road conditions, visit drivebc.ca, or call 1-800-550-4997.



Ensure your vehicle has winter tires in winter—look for the snowflake or “M+S” symbol. **Winter tires are mandatory from November 1 to March 31 on many mountain roads.** Visit parkscanada.gc.ca/banff-driving for more information.

Before exploring the trails



Check the weather forecast. Make sure you are prepared with warm clothing and supplies. Visit parkscanada.gc.ca/bnp-hike for a recommended packing list.



Check trail conditions at parkscanada.gc.ca/banfftrails and the important bulletins at parkscanada.gc.ca/banff-bulletins.



Travel only in terrain appropriate for your group’s experience, abilities and equipment.



Avalanche season in the mountains extends from November to June. Even a short walk from downtown Banff or Lake Louise can take you into avalanche terrain. Visit avalanche.pc.gc.ca for more information.



Cell phone coverage is not reliable in many areas of the park and **there is no cell coverage along the Icefields Parkway.** Before heading out, let someone know your plans including your route, trailhead, vehicle description, when you are leaving and when you expect to return.

For more mountain safety information, visit parksmountainsafety.ca

Winter Adventures

Stop by a Parks Canada visitor centre to plan a safe winter adventure and find winter activities that are right for your group.



Remember that winter brings risks. You don’t need to venture far to be in avalanche terrain. If you plan to explore beyond designated winter trails, avalanche training and equipment are essential.



Winter hiking

Johnston Canyon (See map on page 9—trail #21)
1.2 km one way to the Lower Falls, 50 m elevation gain

Enjoy a winter wonderland with frozen waterfalls on this canyon walk. Ice cleats are strongly recommended on this trail. Cleats can be purchased at the Banff Visitor Centre, 224 Banff Avenue, and most outdoor stores in Banff and Lake Louise.



Snowshoeing

Lake Louise Lakeshore (See map on page 8—trail #36 and page 15—trail #11)
2 km one way, no elevation gain
Fairview Lookout (See map on page 15—trail #12)
1 km one way, 100 m elevation gain

If you are new to the sport, strap on your snowshoes and go for an easy walk along the lakeshore. Fairview Lookout is a short but steep alternative option for more experienced snowshoers. You will be rewarded with views of the historic Fairmont Chateau Lake Louise.

- Stay away from the avalanche zone along the south-west end of the lake.
- Take Roam Public Transit from Banff to the Lake Louise Lakeshore for the best experience.



Fat biking

Tunnel Mountain Winter Trails (See map on page 13)
6 km of trails, no elevation gain

Try fat biking at these groomed and lit trails close to town.

The wide tires of a fat bike add extra surface area for smooth ride over firm snow. If trails are icy, studded tires are recommended to add grip to your ride.



Cross-country skiing

Great Divide Trail (See map on page 15—trail #4)
Up to 10.5 km one way, 60 m elevation loss

This popular trail takes you from Lake Louise to the “Great Divide” - the B.C. / Alberta border at km 7. From here, you can continue into Yoho National Park (irregular grooming) to the Lake O’Hara parking lot.



Ice skating

Get your skates and stop by a Parks Canada visitor centre to find out about ice skating options.

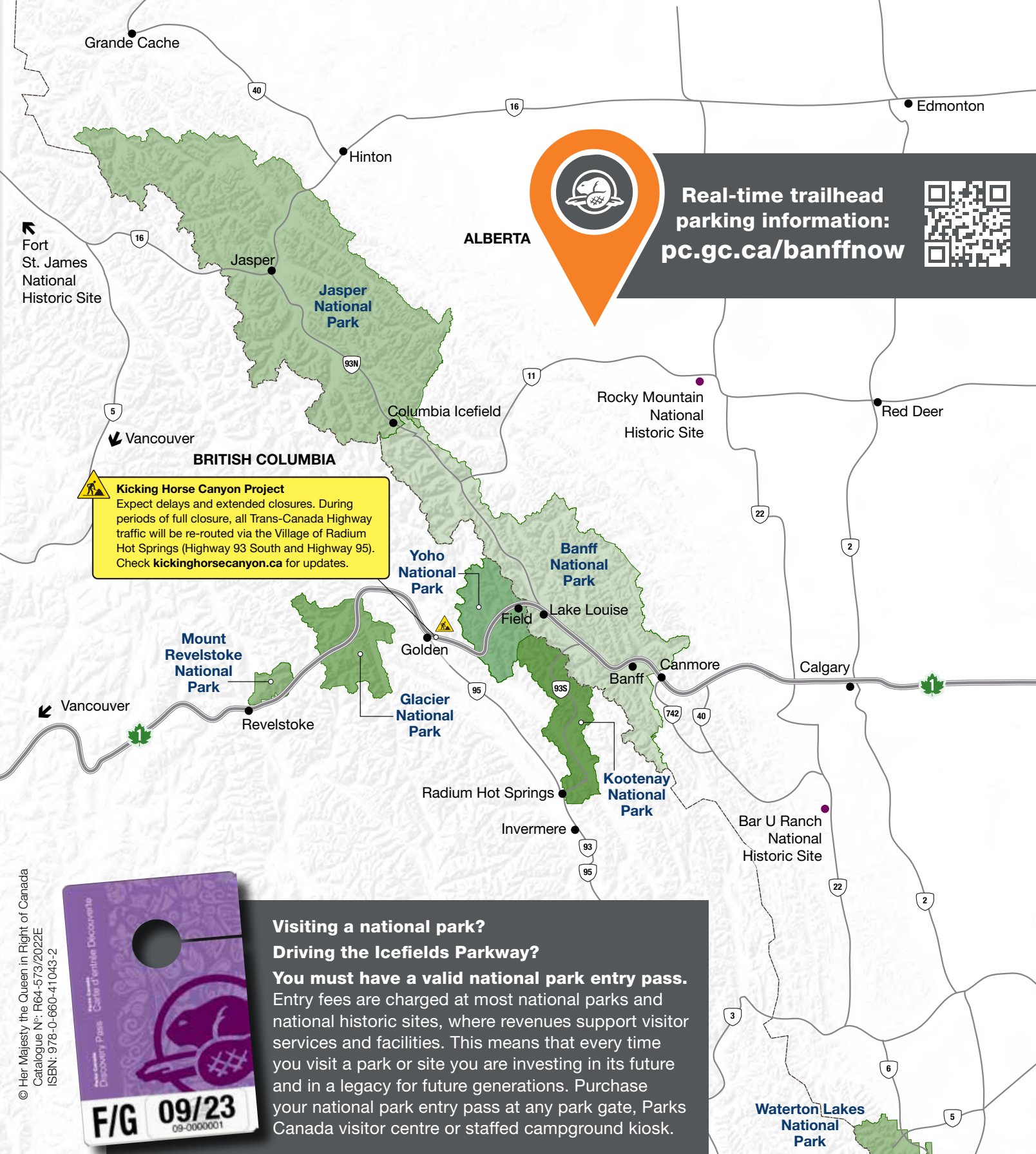


Parks Canada does NOT monitor natural ice surfaces for safety or mark potential hazards. If you choose to skate on natural ice, you do so at your own risk. Visit parkscanada.gc.ca/banff-skating for safety information.

Winter tips

- Leave a trip plan. Tell someone where you are going and when you expect to return.
- Be prepared and stay warm! Extra layers, blankets, hot drinks and snacks are essential.
- Bring a headlamp on your excursion. Daylight hours are limited and you never know when you might be delayed.
- Trails are shared in the national park, which means you could encounter people fat biking while you are winter hiking, or people skiing while you are snowshoeing.
- Expect winter driving conditions. Drivers should travel based on comfort level and experience.
- Don’t drive if you don’t have to!** Roam transit runs between Banff to Lake Louise all winter. Visit roamtransit.com for additional routes and details.

Check parkcanada.gc.ca/banff-winter for more information.



Real-time trailhead parking information:
pc.gc.ca/banffnow



Kicking Horse Canyon Project
Expect delays and extended closures. During periods of full closure, all Trans-Canada Highway traffic will be re-routed via the Village of Radium Hot Springs (Highway 93 South and Highway 95). Check kickinghorsecanyon.ca for updates.

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Catalogue N°: R64-573/2022E
ISBN: 978-0-660-41043-2



**Visiting a national park?
Driving the Icefields Parkway?**
You must have a valid national park entry pass.
Entry fees are charged at most national parks and national historic sites, where revenues support visitor services and facilities. This means that every time you visit a park or site you are investing in its future and in a legacy for future generations. Purchase your national park entry pass at any park gate, Parks Canada visitor centre or staffed campground kiosk.


Wildlife in area
Obey speed limit
Faune dans le secteur
Obéissez à la limite de vitesse

**In case of EMERGENCY,
call 911 or satellite phone: 403-762-4506.**

Cell phone coverage is not reliable throughout the national park.
Alberta Road Report: 511 or 1-855-391-9743 / 511.alberta.ca
British Columbia Road Report: 1-800-550-4997 / drivebc.ca